Action In Maturity, Inc.

Serving Baltimore City Seniors since 1973

Action In Maturity
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AIM is a non-profit Senior Program funded under Title III of the Older Americans Act through Baltimore City Health Dept. CARE Services, members' dues, contributions, and other funding sources.

MAYOR JACK YOUNG

Director's Message

Dear Friends,

As we go to press with this month's newsletter, we are experiencing outstanding early Fall weather… warm sunny days, blue skies, cool nights. When the weather is wonderful it sure feels like cause for celebration!

In October we are celebrating lots of new trips, including a trip in partnership with Senior Excursions to see The Ark. The trip is a "go" and there are still spaces available. Please contact Pam at AIM if you would like to sign up or ask some questions. Also, be sure to come to our Halloween Costume Ball, taking place in a new location – Stadium Place – at the end of the month. Please call to reserve a spot so an AIM bus can pick you up if needed. And by popular demand: a new ukulele club on Wednesdays!

One last note: please save April 28, 2020 for "Celebrate AIM" – a party to connect with old friends and make some new ones. Details and invites to come!

For as long as wonderful weather lasts… enjoy! And if you have not yet used your Farmers' Market coupons, please do. They expire in November.

Warmly,
Laura

SAVE THE DATE TO
CELEBRATE AIM!
APRIL 28, 2020
MORE INFORMATION TO COME.

Transportation By Request: How does it work?

To get access to the TBR program, first you must be an AIM member. The cost to join is $15 per year. Call to request an application form and one will be mailed to you promptly.

* Simply call AIM's office at 410-889-7915 at least three (3) business days prior to your appointment to schedule your ride. We will make every effort to accommodate your schedule.
* After you arrive at your appointment, the driver cannot wait. However, when you are ready to be picked up (or, if possible, about 15 minutes before your appointment is over), call AIM and we will send a driver back to you.
* Trips up to two miles are $5.00 round trip or one-way. Other trips range from $6.00 to $25.00 round trip depending on the distance. One-way trips are half the cost of a round-trip for rides over two miles.
* Please pay the driver at drop-off at your destination. We accept credit, cash, check, or money order.

Flea Market

When: October 19, 2019
9 AM—1 PM
Where:
Hampden United Methodist Church
3449 Falls Rd
Vendor space available for $10. Bring your own table.
Contact Christina for reservations at 410-235-0679 or at christinapikloser@gmail.com

Soleil Pharmacy

www.soleilpharmacy.com
contact@soleilpharmacy.com
(443)281-9157

At Soleil Pharmacy, we provide real convenience with prescription delivery to your home or work. Ask us about home delivery and other services today!

Action in Maturity (AIM) Mission

The mission of AIM is to empower older adults residing in Baltimore City to age in place, independently and in community, for as long as possible, by providing access to transportation and other social services. AIM is a 501 (c) (3) organization, funded by public and private grants, private donations, membership contributions, and transportation reimbursement.

Free Costume Ball

It's time for the Halloween Party!

FOOD, FUN, MUSIC & COSTUMES!

Thursday, October 31st, 2019

11 AM—2 PM

1050 E. 33rd Street

Get ready to strut your stuff in your costume and maybe win a prize.

Costumes are not mandatory, but they are fun. To RSVP, call AIM at 410-889-7915.

Must have a ticket for admission.

St. Thomas Aquinas Church Health Fair

Sponsored by
Medstar Good Samaritan Hospital, GBMC, AIM and
St. Mary's Outreach Center

Saturday, October 12, 2019
10:00 AM—1:00 PM
Location: 37th Street & Roland Avenue
Free Flu Vaccines, Health Screenings, and Health Info.
Please call AIM for transportation at 410-889-7915.

Ukulele Class

Have you ever wanted to try an instrument?
Why not try the ukulele?

Starting Wednesday October 9, 2019

Every 2nd & 4th Wednesday
10:00 AM
Location: St. Thomas Aquinas Church
Cost: $3.00
Instruments will be provided.

Ark Encounter & Creation Museum

April 15—April 18, 2020
Double occupancy $450/person
Single rooms available for $580
$90 deposit required for reservation.

4 Days/3 Nights includes round trip motor coach transportation, breakfast, dinner, admission to the Ark Encounter and Creation Museum, and deluxe accommodations in the Cincinnati, Ohio area. If interested, call the AIM office at 410-889-7915.

Payment plans available.

$3 Grocery Shuttles

AIM passengers—**Please limit your purchases to two (2) grocery bags that may fit comfortably on your lap or be placed at your feet.** If you require more than the allotted amount, please call the AIM office to make a reservation for Transportation By Request (TBR).

Wednesday

On Wednesdays, several grocery stores along the Loch Raven corridor are available for shopping: Weis, Giant, ALDI, Dollar Store, Shoppers, Walmart, Target, and many shops in Towson Marketplace.

LOCATION	PICK UP
Stadium Place	9:30 AM
Woodbourne Woods	9:45 AM
Belvedere Green	9:50 AM
Kirkwood House	10:00 AM
Walker Co-op/Mews	10:10 AM

Thursday

LOCATION	PICK UP
Broadview	10:00 AM
3838 & 3939 Roland Ave.	10:20 AM
Giant or MOM's Organic 40th St	10:30 AM

ALL RETURN TRIPS ARE AT 12:30 PM.

Please notify the driver if you will NOT be on the return trip.

NOTE: All buildings and private residences are being served. However, we do ask that if you live in a private residence or in any building not listed above, please call one (1) day in advance to be picked up.

Should you tip your driver?

In no way is tipping expected or requested. AIM drivers are more than happy to assist their riders and to provide excellent customer service as part of their job. It is completely up to a rider if he or she would like to offer a tip.

Bus Trips: How to make your reservation

- When you get your newsletter, pick your trip(s) immediately.
- Call the office to make your reservation.
- Send in your payment to confirm reservation and seat. Seating will be assigned on a first paid basis.

NOTE: Payments to confirm reservations are expected promptly. If we do not receive payment, we cannot hold your seat. **Cancellations less than twenty-four (24) hours prior to the trip without a substitution rider, will NOT be refunded.**

Prices are for round trip transportation ONLY.

DATE	LOCATION AND FIRST PICK UP	COST
Wednesday, October 2	Horseshoe Casino MOYO Pick Up 10 AM	$13
Friday, October 4	Dollar Tree/Bob Evans MOYO Pick Up 9 AM	$13
Monday, October 7	Walmart/Ruby Tuesday, Shrewsbury, PA MOYO Pick Up 8 AM	$22
Friday, October 11	Arundel Mills/Maryland Live MOYO Pick Up 8AM	$22
Saturday, October 12	St. Thomas Aquinas Health Fair Pick Up 9 AM	FREE
Monday, October 14	Annapolis Mall MOYO Pick Up 8 AM	$22
Wednesday, October 16	MD State Fairgrounds Farmers Market MOYO Pick Up 9 AM	FREE
Friday, October 18	Dutch Market, Cockeysville MOYO Pick Up 8 AM	$13
Monday, October 21	Shady Maple Restaurant, Lancaster, PA MOYO Pick up 8 AM	$25
Friday, October 25	Baugher's Orchards MOYO Pick up 8 AM	$22
Monday, October 28	Harpers Ferry Scenic Ride/Cracker Barrel Restaurant MOYO Pick up 8 AM	$25
Wednesday, October 30	Jimmy's Seafood MOYO Pick Up 10 AM	$9

FREE PANTRY TO GO PROGRAM

St. Mary's Outreach, 3900 Roland Avenue

Food distribution at 10 AM

Monday, NOVEMBER 4, 2019

Please do not arrive before 10 AM as we need to unload the truck. **BAGS WILL NOT BE PROVIDED** **This Institution is an Equal Opportunity Provider.**

AIM CLASSES

ACTIVE YOGA
Mondays, 10AM
Cost: $3.00/class
Location: 1030 E. 33rd St

CHAIR YOGA
Mondays, 2 PM
Wednesdays, 10AM
Cost: $3.00/class
Location: 1030 E. 33rd St

LINE DANCE
Tuesdays, 9:45AM
Cost: $2.00/class
Location: 1030 E 33rd St

QUILTING
Wednesdays, 9:30AM
Cost: FREE
Location: St. Thomas Aquinas Church

SPANISH
Thursdays, 10:30AM
Cost: FREE
Location: Wise & Well Center at Keswick
(Prior experience required)

LEGAL SERVICES

REMINDER

Free Estate Planning/Legal Counseling

Monday, October 14, 2019

Monday, October 21, 2019

BY APPOINTMENT ONLY

Call AIM office for scheduling 410-889-7915

An attorney will be available to prepare FREE wills, advance medical directives, and power of attorney documents. **Must be a Baltimore City resident age 60 and over.**

Keswick Wise & Well Retreat

October 12, 2019

$30 includes lunch

9:30 AM Coffee

10 AM—3 PM Retreat

Call 410-662-4663 for tickets and more information.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	October 2019	1 9:45 AM Line Dance Class	2 9:30 AM Quilting Class **Horseshoe Casino** 10 AM P/U MOYO 10 AM AIM Grocery Shuttle 10AM Chair Yoga	3 10 AM AIM Grocery Shuttle 10:30 AM Spanish Class	4 **Dollar Tree/Bob Evans** 9 AM P/U MOYO	5 ***Legend:*** P/U– Pick Up Time MOYO– Meal On Your Own
6	7 **Walmart/Ruby Tuesday 8AM P/U MOYO** 10 AM Active Yoga 2 PM Chair Yoga	8 9:45 AM Line Dance Class	9 9:30 AM Quilting Class 10 AM AIM Grocery Shuttle 10 AM Chair Yoga 10 AM Ukulele Class	10 10 AM AIM Grocery Shuttle 10:30 AM Spanish Class	11 **Arundel Mills** 9 AM P/U MOYO	12 **Health Fair @ St. Thomas Aquinas** 9:00 AM P/U MOYO
13	14 **Annapolis Mall** 8 AM P/U MOYO 10 AM Active Yoga 2 PM Chair Yoga Legal Services	15 9:45 AM Line Dance Class	16 9:30 AM Quilting Class **MD Fairgrounds Farmers Market** 9 AM P/U MOYO 10 AM AIM Grocery Shuttle 10AM Chair Yoga	17 10AM AIM Grocery Shuttle 10:30 AM Spanish Class	18 **Dutch Market** 8 AM P/U MOYO	19 9 AM—2 PM Flea Market @ Hampden United Methodist Church
20	21 **Shady Maple** 8 AM P/U MOYO 10 AM Active Yoga 2 PM Chair Yoga Legal Services	22 9:45 AM Line Dance Class	23 9:30 AM Quilting Class 10 AM AIM Grocery Shuttle 10 AM Chair Yoga 10 AM Ukulele Class	24 10 AM Grocery Shuttle 10:30 AM Spanish Class	25 **Baugher's Orchard** 8 AM P/U MOYO	26
27	28 **Harpers Ferry/Cracker Barrel** 8 AM P/U MOYO 10 AM Active Yoga 2 PM Chair Yoga	29 9:45 AM Line Dance Class	30 9:30 AM Quilting Class **Jimmy's Seafood** 10 AM P/U MOYO 10 AM AIM Grocery Shuttle 10AM Chair Yoga	31 **NO Grocery Shuttle** 10:30 AM Spanish Class **Halloween Party**		

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We are on the web!
www.actioninmaturity.org

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Thank you for your generous contributions!

Special thanks to BCHD Aging Services for their contribution in honor of Elizabeth Briscoe's retirement .

Sympathy

Our heartfelt sympathies and prayers of comfort go out to the family and friends of Mary Crowther and Carolyn Godack.